

DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAVE ONE OF THESE SYMPTOMS *

- NEW COUGH
- SHORTNESS OF BREATH OR DIFFICULTY BREATHING
- LOSS OF TASTE/SMELL

OR TWO OF THESE SYMPTOMS *

- FEVER OR CHILLS
- NAUSEA OR VOMITING
- CONGESTION OR RUNNY NOSE
- BODY OR MUSCLE ACHES
- SORE THROAT
- FATIGUE
- DIARRHEA
- HEADACHE

* THESE SYMPTOM CRITERIA APPLY TO COVID-19-RELATED EXCLUSIONS FOR IN-PERSON INSTRUCTION. OTHER SYMPTOMS MAY ALSO REQUIRE EXCLUSION FOR A DIFFERENT COMMUNICABLE DISEASE.

Symptoms of COVID-19	Strep Throat	Common Cold	Flu	Asthma	Seasonal Allergies
FEVER 	✓		✓		
COUGH 		✓	✓	✓	✓
SORE THROAT 	✓	✓	✓		✓
SHORTNESS OF BREATH 				✓	
FATIGUE 		✓	✓	✓	✓
DIARRHEA OR VOMITING 	✓		✓		
RUNNY NOSE 		✓	✓		✓
BODY/ MUSCLE ACHES 	✓	✓	✓		



Green County Public Health
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PARENT'S GUIDE TO COVID-19 AND SCHOOLS



WHAT TO DO IF YOUR CHILD IS SICK

- KEEP CHILD HOME AND AWAY FROM OTHERS
- CONTACT PROVIDER TO SEE IF TESTING IS RECOMMENDED
- CLEAN AND DISINFECT COMMONLY USED SURFACES
- FOLLOW ADDITIONAL GUIDANCE BELOW

WHAT TO DO IF YOUR CHILD IS SICK WITH COVID-19 SYMPTOMS BUT DID NOT GET TESTED

- ISOLATE CHILD AND MONITOR SYMPTOMS
- KEEP CHILD HOME UNTIL:
 - 24 HOURS FEVER-FREE WITH NO FEVER REDUCING MEDICINE **AND**
 - SYMPTOMS HAVE IMPROVED **AND** IT HAS BEEN 10 DAYS SINCE SYMPTOMS FIRST APPEARED **OR** YOUR CHILD HAS BEEN DIAGNOSED WITH SOMETHING OTHER THAN COVID-19 AND WAS RELEASED BY A DOCTOR TO RETURN TO SCHOOL
- MONITOR FAMILY MEMBERS FOR SYMPTOMS

WHAT TO DO IF YOUR CHILD WAS A CLOSE CONTACT TO SOMEONE WHO TESTED POSITIVE FOR COVID-19 (WITHIN 6 FT FOR 15 MIN OR MORE)

- QUARANTINE CHILD FOR 14 DAYS FROM LAST CONTACT WITH POSITIVE PERSON
- IF SYMPTOMS DEVELOP, CONTACT PROVIDER AND FOLLOW GUIDANCE FOR CHILDREN WITH SYMPTOMS
- PARTICIPATE IN A PUBLIC HEALTH INTERVIEW

WHAT TO DO IF YOUR CHILD TESTS POSITIVE FOR COVID-19

- ISOLATE CHILD AND MONITOR SYMPTOMS
- KEEP CHILD HOME UNTIL:
 - 24 HOURS FEVER-FREE WITH NO FEVER REDUCING MEDICINE, SYMPTOMS HAVE IMPROVED, AND IT HAS BEEN 10 DAYS SINCE SYMPTOMS FIRST APPEARED **OR**
 - NO SYMPTOMS HAVE APPEARED AND IT HAS BEEN 10 DAYS SINCE BEING TESTED
- QUARANTINE FAMILY MEMBERS AND MONITOR SYMPTOMS UNTIL CHILD HAS BEEN SYMPTOM FREE FOR 14 DAYS
- PARTICIPATE IN A PUBLIC HEALTH INTERVIEW

WHAT TO DO IF YOUR CHILD TESTS NEGATIVE FOR COVID-19

- KEEP CHILD HOME UNTIL:
 - 24 HOURS FEVER-FREE WITH NO FEVER REDUCING MEDICINE **AND**
 - SYMPTOMS HAVE IMPROVED **AND**
 - YOUR CHILD WAS RELEASED BY A DOCTOR TO RETURN TO SCHOOL
- IF YOUR CHILD WAS A CLOSE CONTACT TO SOMEONE WHO TESTED POSITIVE FOR COVID-19, YOU MUST ALSO QUARANTINE YOUR CHILD FOR 14 DAYS FROM LAST CONTACT WITH POSITIVE PERSON



Stop the spread of germs that can make you and others sick!



Wash your hands often



Wear a cloth face cover



Cover your coughs and sneezes



Keep **6 feet** of space between you and your friends

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.



If you had close contact with a person who has COVID-19



- Stay home until 14 days after your last contact.



- Check your temperature twice a day and watch for symptoms of COVID-19.



- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.



If you are sick and think or know you have COVID-19



- Stay home until after
 - At least 10 days since symptoms first appeared **and**
 - At least 24 hours with no fever without fever-reducing medication **and**
 - Symptoms have improved



If you tested positive for COVID-19 but do not have symptoms



- Stay home until after
 - 10 days have passed since your positive test



If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.



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cdc.gov/coronavirus